



## Appendix C: Family Presence at a Glance in Long Term Care

Recovery Phase: A Safe Progression to Open Family Presence	Frequency of Family Presence
<ul style="list-style-type: none"> <li>• Follow SHA guidelines for screening, personal protective equipment and distancing.</li> <li>• No limits on the number of essential family/support persons or visitors that can be designated, or present at a time, during indoor or outdoor visits for each resident.</li> <li>• Timing of in-person visits may be subject to scheduling limitations of the home.</li> <li>• Larger groups need to schedule the use of common areas before they come.</li> </ul>	<p>Daily, no limit on the length of time essential family/support persons or visitors spend with the resident. Scheduling requirements determined by each home.</p>
Level 1: Pandemic Restrictions	Frequency of Family Presence
<ul style="list-style-type: none"> <li>• Follow SHA guidelines for screening, personal protective equipment and distancing.</li> <li>• Two essential family/support persons can be designated for each-resident.</li> <li>• One person present at a time indoors. No limit on persons present at a time outdoors.                             <ul style="list-style-type: none"> <li>○ <b>NOTE</b> for end-of-life and palliative care: more than two essential family/support persons can be designated, and two can be present at the same time.</li> </ul> </li> </ul>	<p>Daily, as can be accommodated by the care team.</p>
Level 2: Increased Pandemic Restrictions	Frequency of Family Presence
<ul style="list-style-type: none"> <li>• Follow SHA guidelines for screening, personal protective equipment and distancing.</li> <li>• One essential family/support person can be designated for each-resident.</li> <li>• One person can be with the resident at a time indoors. No limits on number of persons present at a time outdoors.                             <ul style="list-style-type: none"> <li>○ <b>NOTE</b> for end-of-life and palliative care: more than two essential family/support persons can be designated, and two can be present at the same time.</li> </ul> </li> </ul>	<p>Daily, as can safely be accommodated by the care team. Reduced frequency or staggered presence may be needed.</p>
Level 3: Highest Pandemic Restrictions	Frequency of Family Presence
<ul style="list-style-type: none"> <li>• Follow SHA guidelines for screening, personal protective equipment and distancing.</li> <li>• In consultation with the care team, one essential family/support can be designated to assist with care if needed (self-care, mobility, nutrition &amp; behavioural needs).</li> <li>• Options for outdoor visits determined in consultation with the local MHO.</li> <li>• Two essential family/support members can be present at the same time for:                             <ul style="list-style-type: none"> <li>○ Palliative care, hospice care or those who are high risk for loss of life;</li> <li>○ Residents who have experienced a dramatic shift in function.</li> </ul> </li> </ul>	<p>Daily, as can safely be accommodated by the care team. Reduced frequency or staggered presence may be needed.</p>

At any level, family/support persons should consult with the care team to discuss children attending in person. Children must be accompanied by an essential family support person.

In the Recovery Phase and restriction levels 1 and 2, outings/off-site activities are allowed and are determined in consultation with the resident and their care team. During level 3 restrictions, outings to be determined in consultation with the local MHO.